

2009 Report to the Community



Staying On Course

Chairperson's Report

The cover photo shows an apparently determined young lady with hands on hips looking down an uncertain road, which I believe represents our stance during this past year of financial challenges and change. For the second consecutive State fiscal year, both the Ohio Department of Mental Health (ODMH) and the Ohio Department of Alcohol and Drug Addiction Services (ODADAS) cut funding to communities across the state. Summit County received an 8% cut from ODADAS and a staggering 20% cut from ODMH. Fortunately, the ADM Board was able to minimize the impact of these cuts by replacing state funding with dollars from our local levy in order to sustain a strong network of addiction and mental health services in our county. Other counties that do not enjoy this same level of strong community support were forced to cut services and, in some cases, provider agencies closed their doors. We are indeed grateful that the voters of Summit County appreciate the value of the ADM network of services.



In addition to filling in the gaps in provider agency budgets left by State cuts, local levy dollars enable the ADM Board to provide a variety of innovative programs and services. Since 2000, the ADM Board has provided local law enforcement personnel with Crisis Intervention Team (CIT) training which teaches first responders how to effectively work with people with mental illness who are in crisis. Research has demonstrated that this program has resulted in an increase in individuals being connected with services rather than inappropriately incarcerated as well as a decrease in injuries to officers and clients during the encounter. When individuals with mental illness become involved with the criminal justice system, levy dollars help to provide medications, services and supports necessary for their recovery and rehabilitation.

Levy dollars also help to support effective community partnerships like the Suicide Prevention Coalition and the Summit County Community Partnership. Every year, lives are lost to suicide in our community. The Suicide Prevention Coalition provides education and outreach to help others learn how they can be involved to help end this needless tragedy. The Coalition also consults with communities and supports individuals when they have lost someone to suicide.

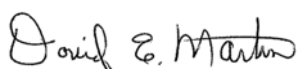
The Community Partnership consists of a combination of organizations and community activists working together to reduce substance abuse. Through education, prevention and advocacy, the Partnership strives to change community norms and the structure of community services to facilitate more effective and long lasting changes.

One of our primary goals is to educate the community about the ADM network of services so that those in need are aware of the help resources that are available. Levy funding supports the many ways that we teach Summit County about the diseases of mental illness and addiction as well as multiple prevention efforts.

This past summer the Board of Directors began to learn about the Policy Governance® model for Board operations. The model facilitates the accomplishment of board-established goals through a purpose driven operational process. The model defines the purpose of a governing board's job, the "owners" they represent, the processes used to determine desired ends and how performance will be monitored. While the emphasis is on achieving the ends that matter most, the model also describes methods by which the organization avoids means that are unacceptable. I see this model as a helpful tool to enhance the impact we have in our community. I particularly appreciate the focus on Board members' role in planning and setting strategic direction in order to maximize benefit for those we represent. I look forward to learning more.

System stakeholders gathered for the beginning phase of our strategic planning process which will continue into 2010. Participants identified competence, integrity, respect, communication, fairness and creativity as basic tenets upon which our network of services should be based.

As we continue to gather information to help guide us in the right direction, we remain dedicated to our mission of maintaining a safe and healthy community by providing a system of prevention and treatment for those with addiction and/or mental illness. We remain grateful to the citizens of Summit County for continuing their support of the ADM Board's work through the passage of the levy which helps keep services available to those in need.



Davis E. Martin, Chair

County of Summit Alcohol, Drug Addiction and Mental Health (ADM) Services Board

2009 Highlights

Motivational Interviewing Conference

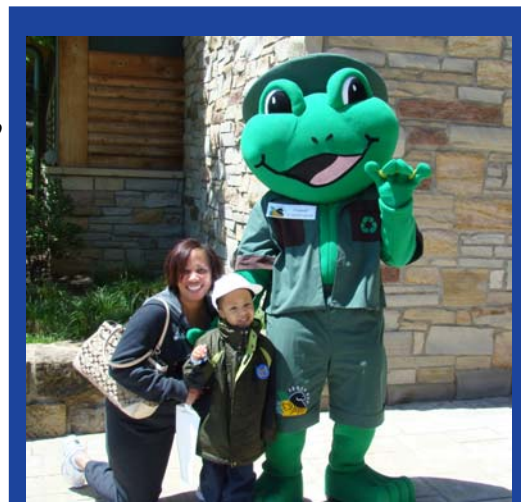
The ADM Board partnered with Children's Hospital Medical Center of Akron and the Ohio Department of Mental Health to present a full-day workshop on Motivational Interviewing last October. The ***People Moving Forward: Foundations and Techniques of Motivational Interviewing*** workshop provided information about using this technique in working with people with a variety of health issues.

Motivational Interviewing has been shown to be effective in helping people overcome obstacles and trigger healthy behavior changes. The workshop covered how to use the techniques in mental health settings, addiction treatment and with people who struggle with weight.

“When Life is a Zoo, Take Care of You” Community Education Event

In recognition of May as Mental Health Month, Akron General and the ADM Board sponsored an event at the Akron Zoo which featured tips about taking care of your physical and emotional health.

The event focused on learning from the “Creature Teachers” about how animals relieve stress, maintain social connections, play and keep physically active. The family wellness activities included a kids craft /activity area, local animal mascots and informational displays about area health resources.



Jackie Steward, Andrew Alexander and Conrad Conservation pause for a photo.

Suicide Prevention Coalition Expands Community Outreach

Coalition members lent their expertise in 19 community events and provided 35 Gatekeeper Training presentations which reached 876 people in 2009. Over the four year time frame that the Coalition has been offering this training, 3162 Summit County residents have participated.



A grant from the Ohio Suicide Prevention Foundation was used to create the coalition brochure, available on the ADM Board Web site: <http://www.admboard.org/publications.php>

Staff Recycling Program Begins

The ADM Board staff “Green Team” developed a recycling program for paper, plastic and printer cartridges. According to the Summit / Akron Solid Waste Management Authority, the ADM Board recycled 2,870 pounds of paper last year which resulted in the conservation of 24.4 trees, 4.6 cubic yards of landfill space, 10,045 gallons of water and 6,027 KWh of electricity.

ADM Board Honors Four Trailblazers at Appreciation Luncheon

The County of Summit Alcohol, Drug Addiction and Mental Health (ADM) Services Board presented four awards to individuals recognized as being trailblazers and advocates in the mental health and addiction services field.

The Honorable Linda Tucci Teodosio 2009 Maggie Carroll Smith Award recipient

When Judge Linda Tucci Teodosio assumed the bench of the Summit County Juvenile Court, she immediately made the concerns of youth suffering from mental illness a priority in our community. She discovered research about the high percentage of youth who experienced both mental illness and substance abuse issues and sought to develop a program that would treat mental illness and substance abuse issues as co-occurring disorders. Judge Teodosio impaneled a Task Force of dozens of child-serving agencies in the county to participate and create a referral network. The result transformed the former drug court into a specialty docket called “The Crossroads Program” to eliminate any stigma that might be attached to a youth’s participation.

The Crossroads Program has become a nationwide model not only for the innovative treatment of youth with mental illness involved in the juvenile justice system, but as an example of how community collaboration can result in innovative programming without the use of grants or other special funding. Judge Teodosio has been invited to present the unique dynamics of the Crossroads Programs across the country. Crossroads was recognized as “The Program of the Year” by the Summit County Mental Health Association and it has received the “Friend of the Family Award” from the Ohio Association of Family and Consumer Sciences.

Barbara Medlock, R.N. 2009 Drs. Fred and Penny Frese Award recipient

Fifteen years ago, Barbara Medlock, R.N., agreed to become the Coordinator of the SUPPORT Hotline, operated by Portage Path Behavioral Health. Since that time she has managed a volunteer and professional corps who has kept the hotline operating 24 hours a day, 7 days a week, for people who need help when they experience emotionally upsetting issues.

Although the training program has followed the same format over the years, Barb has done a lot to incorporate the best research and practices into the hotline. She looks at the hotline service as a way to send committed mental health advocates back to their community.

In 2005, the hotline became a part of the National Suicide Prevention Lifeline network after having their practices and operations thoroughly examined. That same year, Barb became the co-facilitator of the Summit County Suicide Prevention Coalition, a program supported by the County of Summit ADM Board, and sanctioned by the Ohio Suicide Prevention Foundation. Barb has worked hard to see that program expand and continues to assure our community that help is available when it is needed.

2009 Highlights



Positioned in front of the sobriety quilt are honorees from left to right: The Honorable Linda Tucci Teodosio, Georgette Kistner, RN, Barbara Medlock, RN and Andrew DiBartolomeo, M.D.

Georgette Kistner, R.N.

2009 Sister Mary Ignatia Award recipient

Georgette Kistner, R.N., is regarded as a skilled nurse and is described by co-workers as the caring and compassionate mainstay of Ignatia Hall. Ms. Kistner provides training to medical nurses regarding the care of detox patients, helping them gain skill in assessing and treating these individuals. She leads by example and continues to assure that educational materials, AA speakers, and extensive case management facilitate the patient's journey into recovery.

What sets Georgette apart from the many caring nurses in the addiction field is her sincere dedication to the needs of the people with addiction problems that goes "above and beyond" while not seeking any recognition for herself. She is a tireless worker each year during Founder's Day weekend when the Ignatia Heritage Center hosts over 800 guests. As part of the planning for the 70th anniversary of St. Ignatia and Dr. Bob opening the first detox unit in the world, she suggested that a "Sobriety Quilt" be created with squares that could be purchased with individual's names and sobriety dates. Not only did she make the suggestion, but volunteered both her time and materials to see the idea to fruition. The completed king size quilt of over 300 squares is displayed in the Auditorium of St. Thomas Hospital.

Andrew DiBartolomeo, M.D.

2009 Dr. Robert Smith Award recipient

Dr. DiBartolomeo is widely known in the Summit County community for his passion for helping people with alcoholism and addictions. He has worked locally in both addiction medicine and emergency medicine including several ADM Board network agencies. He served as attending staff at Edwin Shaw Hospital and as the first Medical Director of Oriana House Detoxification programs. He also served as an attending staff at the Akron City Department of Emergency Medicine.

Among his many accomplishments is the care he orchestrated at the "Purple House," which was located on West Market Street, through innovative outpatient services for individuals struggling with alcoholism and addictions. He also was named as a Fellow by the American Society of Addiction Medicine (ASAM). This honor celebrates the exceptional contributions of the leading members in the field of Addiction Medicine. Only 262 physicians have been awarded Fellow status.

2009 Service Summary

Treatment Services - 25,503 *(Unduplicated count)*

Alcohol / Other Drug

Children (ages 0-17) - 593

Adults (ages 18+) - 6961

Total 7,554 *(Unduplicated count)*

Mental Health

Children (ages 0-17) - 6,482

Adults (ages 18+) - 13,758

Total 20,240 *(Unduplicated count)*

Prevention Services - 21,954

Alcohol / Other Drug

Children (ages 0-17) - 10,792

Adults (ages 18+) - 2,998

Total 13,790

Mental Health

Children (ages 0-17) - 7145

Adults (ages 18+) - 1019

Total 8,164

Sources: MACSIS claims, ODADAS web-based prevention system and agency records

2009 Financial Summary

Revenue

Levy	\$39,175,479	48%
Federal	\$28,004,327	34%
State	\$14,195,016	17%
Other	\$ 645,130	1%
Total Revenue	\$82,019,952	100%

Expenditures

Mental Health Services	\$49,765,686	68%
Addiction Services	\$16,816,992	23%
Other Contract Services	\$ 3,961,780	5%
Administration	\$ 2,444,989	4%
Total Expenditures	\$72,989,447	100%

2009 Provider Network

The ADM Board gratefully acknowledges the dedication and commitment of these contract agencies who provide high quality alcohol, drug addiction and mental health services to Summit County residents.

ADM Crisis Center
Akron Health Department
Akron-Urban Minority Alcoholism Drug Abuse Outreach Program (A-UMADAOP)
Asian Services in Action
Blick Clinic
Catholic Youth Organization (CYO) and Community Services
Child Guidance & Family Solutions
Children's Hospital Medical Center of Akron
CHOICES
Community Health Center
Community Partnership of Summit County
Community Support Services
East Akron Community House
Edwin Shaw Rehab
Greenleaf Family Center
Interval Brotherhood Home
Mature Services
Mental Health America
Minority Behavioral Health Group
Northcoast Behavioral Healthcare
North Coast Community Homes
Oriana House
Pastoral Counseling Service
Portage Path Behavioral Health
Psycho-Diagnostic Clinic
Summit County Peer Support (SCPS)
Summit County Suicide Prevention Coalition
Summit Psychological Associates
Tarry House
Urban Ounce of Prevention Services