



Summit County Suicide Prevention Coalition
July 20, 2017 Meeting Notes

Attending: Amy Marsteller, AMHA; Stacey Garske, Cluster / SCPH; Michelle Montgomery, Ohio Guide stone; Daniel Bennett and Jen Seidel, Greenleaf Family Center; Amber Miracle, VA; Tracy Dawyduk, Portage Path Behavioral Health and Mary Alice Sonnhalter, ADM Board.

Updates:

1. Suicide awareness campaigns:
 - a. Mary Alice shared the [#BeThe1To](#) campaign which contains [social media and educational resources](#) that may be useful reminders on ongoing basis and particularly during September's suicide awareness week.
 - b. Barb and Mary Alice will be connecting with representatives of the faith community who have been active with the Change Direction campaign to ask that they consider helping to promote the [Faith Hope Life Celebrating Reasons to Live campaign](#). The campaign includes Communications aids such as flyers, bulletin inserts, posters and other graphical art, worship and spiritual resources including: prayers, meditations and liturgies, sermons and homilies, hymns and songs and scriptural resources.
2. While the numbers are not yet final for 2016, it appears that we will be close to the 2015 number (110 deaths). Currently, the number of deaths by suicide is 100 for 2016

3. The mini-grant from OACBHA to promote the Crisis Text Line (CTL) was used to develop business sized cards with revised artwork to reflect middle-age males and to purchase several table top banners that we will loan out to provider agencies. Both will be available at the September meeting. Several members confirmed that the print on the purple CTL wrist bands wears off over time – Mary Alice will communicate that to the Coordinator at OACBHA.

4. The group had a discussion about “13 Reasons Why”, a Netflix series about a young girl's decision to die by suicide including graphic content and videos about the people and circumstances that she lists as the 13 reasons. As the school year and the shows new season begins, it would be helpful to share these links with parent groups and teachers. Helpful resources are listed below:

[Jed Foundation Talking points for Parents – 13 Reasons Why](#)

[Suicide Prevention Resource Center Resources](#)

[Tips for Parents for Talking with Their Children about 13 Reasons Why and Suicide](#) (American Foundation for Suicide Prevention)

5. The Ohio Suicide Prevention Foundation will be holding a NE Ohio Leadership forum to get feedback from local coalitions and Mary Alice requested input from the group about what supports the Foundation may provide to local coalitions. Suggestions included: More CAMS trainings locally, consider a train the trainer for CAMS, Scholarships for clinicians to meet productivity in order to attend trainings, more zero suicide trainings

6. *Gatekeeper trainings: 2017 YTD is 78 (with 2 more scheduled) and cumulative total 6838 since the coalition's inception. We will be scheduling Gatekeeper Train the Trainer for agencies so they can incorporate GK training into orientation and in-service training for non-clinical employees in the fall.*
7. *A Zero Suicide Champions meeting took place on March 22nd and two areas of focus were on developing a methodology for caring contacts and updates to EHR to incorporate CAMS training and flag those at high risk. The next meeting will be in August – date TBD.*

Announcements:

- Summit County had two clinicians attend and complete the AMSR training: Crystal Dunivant (CSS) and Tracy Dawyduk(PPBH)
- Daniel reported that Greenleaf Family Center is purchasing the cutting module of the SOS program that they offer in schools. He also introduced Jen Seidel who also will be providing the SOS program in the schools starting in the fall. He also indicated that he will be attending the state conference on September 8th at the Wexler Center at OSU and that early bird registration ends 7.31.17.
- Amber reported that the VA will be rolling out a Gold Star practice of incorporating suicide prevention within the IOP program focusing on how factors that increase the risk for suicide are similar to those that contribute to relapse. She reported that people who are mis-using substances are at 10x greater risk for suicide and that risk rises to 14% of the person is an IV drug user.
- Michelle reported that Ohio Guidestone is focused on staff training a suicide prevention awareness program developed internally.
- A reminder that we still have some Question Persuade, Refer QPR licenses online training licenses available that can be used to educate non-clinical staff on basic suicide prevention. The link we provide out is <http://www.qprtraining.com/setup.php> with the organization code: ADMB.
- Tracy reported that PPBH zero suicide team meets every other week and are developing their clinical pathway. She commented how helpful the CBT for Suicide training was to her practice. She also mentioned that she will be participating in a research study for clinical psychologists who have lost someone to suicide.
- Amy reported that they have incorporated recovery resources and Crisis Text information in their new resident packets.

Next Suicide Prevention Meeting:

Thursday, September 21, 2017

8:30am – 10:00am at the ADM Board Office –
1867 W. Market Street, Ste. B2

Remaining 2017 SPC meetings:

September 21st

November 16th