

# 2018 ADM Recovery Challenge 5K

IBH Addiction Recovery Center, 3445 S. Main St., Akron

May 19<sup>th</sup>, 2018

9:00 a.m.

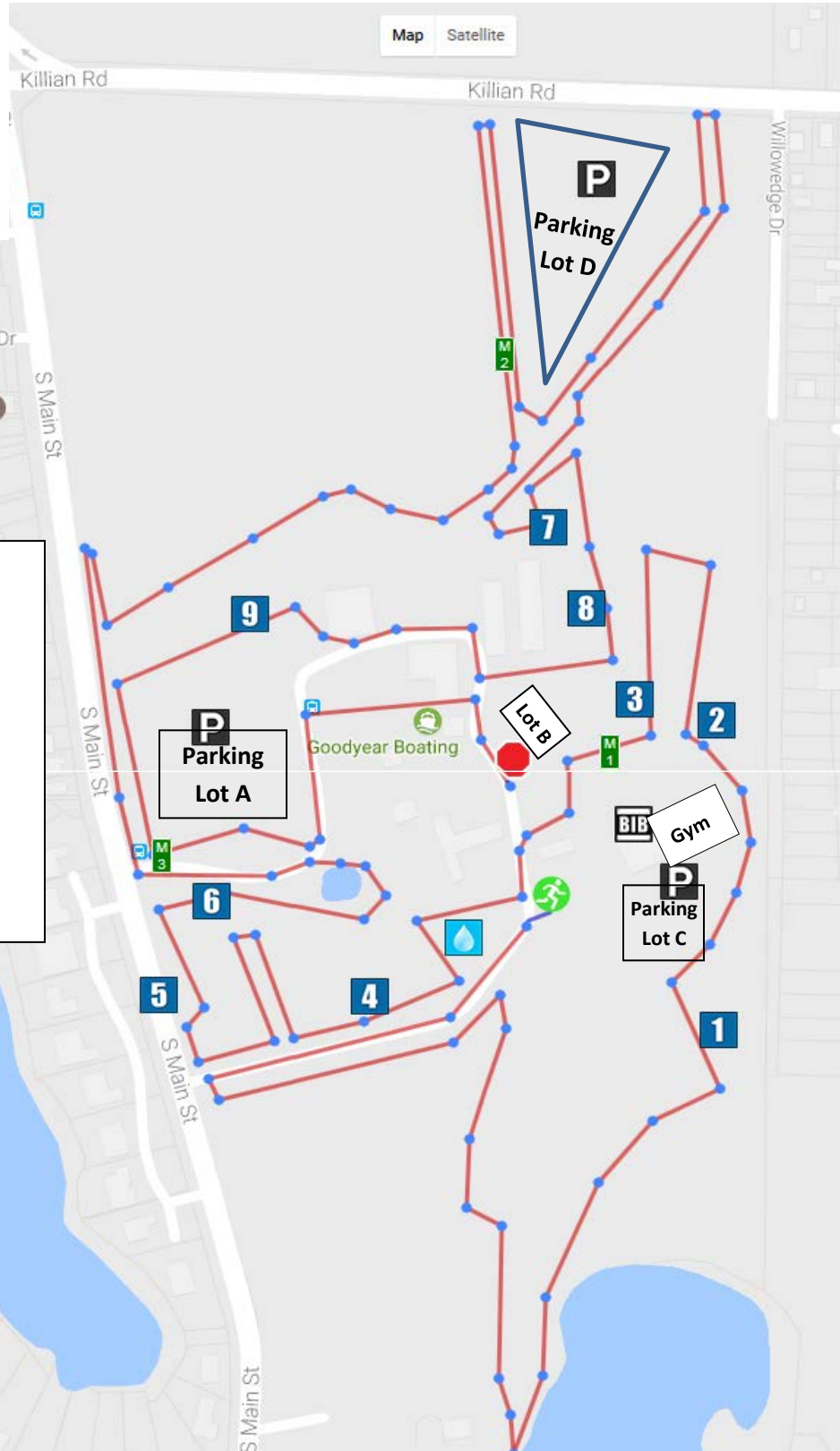
9 obstacles - 3.1 Miles of FUN!

Race Start: 9am

Awards: 10am



- OBSTACLE COURSE**
- 1) The Peak
  - 2) Find Your Balance
  - 3) Recovery Jump
  - 4) Winding Woods
  - 5) 12 Steps
  - 6) Leap of Faith
  - 7) Winner's Web
  - 8) Hoops for Hope
  - 9) Serenity Slide



**Parking Lot A** – Volunteers/Runners  
**Parking Lot B** – closed  
**Parking Lot C** – Handicapped/Early Race vols.  
**Parking Lot D** – Runners/Volunteers

