

2020 ADM Recovery Challenge 5K

IBH Addiction Recovery Center, 3445 S. Main St., Akron

June 6, 2020

9:00 a.m.

5K Race Start: 9am/1 Mile: 9:15am

Awards: 10am



OBSTACLE COURSE

- 1) The Peak
- 2) Find Your Balance
- 3) Recovery Jump
- 4) Winding Woods
- 5) 12 Steps
- 6) Leap of Faith
- 7) Winner's Web
- 8) Hoops for Hope
- 9) Serenity Slide



- Parking Lot A** – Volunteers/Runners
- Parking Lot B** – closed
- Parking Lot C** – Handicapped/Early Race vols.
- Parking Lot D** – Runners/Volunteers

