

- **NAMI Family Support** support group meetings for families at several locations -see the website at www.namisummit.org for current meeting information or call 330-252-1188 (office)
- **NAMI Connection** support group meetings for Consumers at several locations -see the website at www.namisummit.org for current meeting information or call 330-252-1188 (office)
- **NAMI Family to Family** - a free, 8-session educational program for family, significant others and friends of people with mental health conditions. It is a designated evidenced-based program. This means that research shows that the program significantly improves the coping and problem-solving abilities of the people closest to a person with a mental health condition.
- **NAMI Basics** 6-session education program for parents, guardians and other family who provide care for youth (age 22 or younger) who are experiencing mental health symptoms. Also offered online
- **NAMI Peer to Peer** is a unique, experiential learning program for people with any serious mental illness who are interested in establishing and maintaining their wellness and recovery. (8-session course).
- **NAMI Ending the Silence** is an engaging presentation that helps audience members learn about the warning signs of mental health conditions and what steps to take if you or a loved one are showing symptoms of a mental health condition.
- **NAMI Homefront**- a free, 6-session educational program for families, caregivers and friends of military service members and veterans with mental health conditions. Based on the nationally recognized NAMI Family-to-Family program. Offered Online
- **NAMI's Needy Soles** program provides clients with new shoes, boots and socks.
- **NAMI's Housewarming Project** provides household items to clients enabling them to live independently in their own apartments.
- **NAMI's Creative Kids Program** provides funding for low income children diagnosed with mental illness to attend extra-curricular activities to supplement and advance their recovery.
- **NAMI's Hair Care Program** provides mentally ill clients with a voucher redeemable at The Akron Barber College and Beyond Expectation Barber College to obtain hair care.
- **NAMI's Client Activity and Socialization Fund (CAS)** provides clients with movie passes, baseball tickets, picnics, holiday meals, etc., provides a monthly pizza and pop party to clients staying at Psychiatric Emergency Services (PES). Helps brighten the holiday season by providing gifts to clients at local mental health agencies which are supported by the Alcohol, Drug and Mental Health Board (ADM Board), and the Summit County Jail.
- **NAMI Summit County** has a fundraising **May Event** to help support our various programs.
- **NAMI Summit County NAMIWalks** a fundraising and awareness walk every fall.
- **NAMI** distributes Newcomer Packets which contain helpful, informative materials about mental illness, locally available services, and coping strategies.
- **NAMI** presents to the Crisis Intervention Team classes, NEOMED residents at Cleveland/Akron General and Summa, The University of Akron School of Nursing, Northcoast Behavioral Healthcare, the Summit County Sheriff's Department, civic organizations, churches, and staff from local fire departments and EMS workers.
- **NAMI Summit County's** Board of Directors meets on the 4th Monday of each month via Zoom. Meetings are open to the public.

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2/2021