Yes, you can do this! In December 2017, the Hoarding Task Force presented a training “Introduction to Hoarding Disorder”. We anticipated perhaps 30-40 trainees. We had to shut registration when we reached capacity at 105! Lesson learned since that time: Summit County likely has as many as 20,000 residents with a diagnosable hoarding disorder (HD) who need our assistance.

Print Resources:


Web Resources:

Hoarding Disorder-Best Practices Guide

Institute for Challenging Disorganization (fact sheets, clutter hoarding scale, research studies)

Institute of Living (guidelines for treatment, recommendations for treatment)

International OCD Foundation (general information, assessment, and treatment recommendations)

Motivational Techniques and Skills for Mental Health Counseling

Scholarly Articles:


Training and Education for Professionals

Video Resources:

TEDX Talk with Ceci Garrett- Hoarding as a Mental Health Issue

Interview with Mayo Clinic Psychologist Dr. Craig Sawchuk

Interview with Dr. Randy Frost- Keep Talking: Compulsive Hoarding Disorder

Perspectives on Hoarding Conference Keynote Speaker Lee Shuer: Less Finding + Less Keeping = More Living

Perspectives on Hoarding Conference Keynote Speaker Rebecca Shuer: Lost in Clutter

Dr. Randy Frost at the NY State Supportive Housing Conference

Hoarding Expert Dr. David Tolin Talks about Hoarding and Cognitive Behavioral Therapy (start video at minute 6)

Community Hoarding Collaboratives:

Cuyahoga County Hoarding Task Force

Stark County Hoarding Coalition

Mental Health Clinician Peer Supervision for Hoarding Clients:

The Summit County Hoarding Task Force offers free clinical peer supervision on the third Thursday of every month from 8 AM- 9 AM, located at the ADM Board 1867 W. Market St. Suite B2, Akron. Please RSVP to clutterhelp@admboard.org or (330)-762-3500

Interested in Joining the Hoarding Task Force?

The Hoarding Task Force meets the second Thursday of the following months from 8am – 9:30am:
February
May
August
November

Meetings are held at the ADM Board 1867 W. Market St. Suite B2, Akron. Please RSVP to clutterhelp@admboard.org or (330)-762-3500 (ask for the Hoarding Coordinator)