

Suicide Prevention Internet Resources

American Association of Suicidology (info, stats, research)

<http://www.suicidology.org>

American Foundation for Suicide Prevention (info survivor of suicide loss resources)

<https://www.afsp.org>

National Suicide Prevention Lifeline (info, chat)

<http://www.suicidepreventionlifeline.org>

National Action Alliance for Suicide Prevention (policy)

<http://actionallianceforsuicideprevention.org/>

Suicide Prevention Resource Center (info; best practices)

<http://www.sprc.org>

Zero Suicide

<http://zerosuicide.sprc.org>

Veterans Crisis Line (info, chat, text)

<https://www.veteranscrisisline.net>

National Alliance for Mental Illness

<http://www.nami.org>

Active Minds

<http://www.activeminds.org>

Man Therapy

<https://mantherapy.org/>

National Organization for People of Color Against Suicide

<http://www.nopcas.org>

Lifeline Crisis Chat

<http://www.crisischat.org>

Crisis Text Line

<http://www.crisistextline.org>

Trevor Project (crisis phone/chat/text for LGBTQ youth)

<https://www.thetrevorproject.org>

Jed Foundation (college age)

<https://www.jedfoundation.org>

Parent's Guide to Suicide Prevention (high school and college age)

<https://www.accreditedschoolsonline.org/resources/suicide-prevention>

Yellow Ribbon Suicide Prevention Program (youth)

<http://www.yellowribbon.org>

Suicide Attempt Survivors Task Force

<http://actionallianceforsuicideprevention.org/suicide-attempt-survivors-task-force>